FEATURED RECIPES

Frozen Banana Bites

Bananas are loaded with nutrients like potassium, vitamin C, and Vitamin B 6, so why not add them to your dog's favourite summer snack. The yogurt helps to give these banana treats a nice creamy texture that dog's (and people) love.

Prep time: 5 minutes | Freeze time: 1 hour | Total time: 1:05 hours

INGREDIENTS:

- 2 overripe bananas
- 1 cup of plain yogurt

DIRECTIONS:

1. Mash the ripe bananas with a fork until they are smooth.
2. Stir in the yogurt and spoon the mixture into a silicone treat mould or ice cube tray.
3. Freeze for at least 1 hour before serving.
4. Store in freezer bags or freezer-safe Tupperware for up to 1 month.

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