

You don't need to be a professional chef to make these easy, delicious, and most importantly, healthy pet-friendly recipes.

Total time: 30 minutes

- 1 lb ground chicken
- 1/3 cup fresh spinach, chopped
- 3/4 cup cooked brown rice
- 1/3 cup fresh carrots, chopped
- 1 egg

1. In a bowl combine all ingredients and mix thoroughly.
2. Form mixture into small sized meatballs and place on a parchment-lined baking sheet.
3. Bake at 375°F for about 15-20 minutes, until thoroughly cooked.
4. Allow to cool for a few minutes before serving.

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