



Chicken Balls

You don't need to be a professional chef to make these easy, delicious, and most importantly, healthy pet-friendly recipes.

Prep time: 10 minutes

Cook time: 20 minutes

Total time: 30 minutes

INGREDIENTS:

- 1 lb ground chicken
- 3/4 cup cooked brown rice
- 1 egg

- 1/3 cup fresh spinach, chopped
- 1/3 cup fresh carrots, chopped

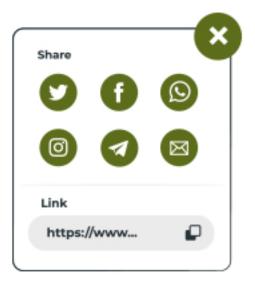
DIRECTIONS:

- 1. In a bowl combine all ingredients and mix thoroughly.
- 2. Form mixture into small sized meatballs and place on a parchment-lined baking sheet.
- 3. Bake at 375°F for about 15-20 minutes, until thoroughly cooked.
- 4. Allow to cool for a few minutes before serving.

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Notes:		