

Blueberry Frosty Paws

This fruity and creamy pooch-tacular recipe will have your dog begging for more. Combining nutritious, delicious fruit and healthy yogurt creates the coolest, healthiest frosty treat on the street.

Prep time: 5 minutes

Cook time: 1 hour

Total time: 1:05 hours

INGREDIENTS:

- 1 or 2 large bananas, peeled
- 3 cups of plain yogurt or goat's milk
- 1/2 cup blueberries or strawberries (or both)

DIRECTIONS:

1. Dump all ingredients into a blender.
2. Combine together until it resembles smoothie texture.
3. Pour into a silicone treat mould or an ice cube tray.
4. Freeze for at least an hour before removing them from the tray.
5. Store in an air-tight container in the freezer to keep fresh!

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Notes:

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