



Sweet Potato Fries

Dogs love every good-for-them ingredient in this homemade recipe so we put it at the top of our list. Sweet potatoes are the superstar veggie of this show but coconut oil and a healthy touch of cinnamon and turmeric complete this healthy powerhouse treat!

Prep time: 10 minutes

Cook time: 30 minutes

Total time: 40 minutes

INGREDIENTS:

- ·1 sweet potato
- · 1 tbsp melted coconut oil
- · turmeric
- · cinnamon

DIRECTIONS:

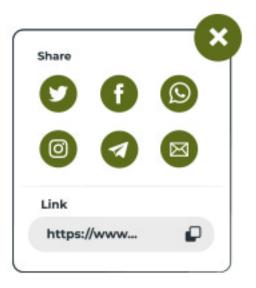
- 1. Preheat oven to 425 degrees F
- 2. Cut washed and peeled sweet potato into evenly sized fry shaped pieces.
- 3. Coat with coconut oil and sprinkle with a little cinnamon and turmeric.
- 4. Mix in a larger bowl or plastic bag.
- 5. Place fries on a baking sheet in one layer.
- 6. Bake for 15 minutes.
- 7. Flip over fries for even baking and bake for another 10-15 minutes. Let cool before feeding to your pup.

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Notes:					